



What Are You Doing Online?

Where do you access the Internet? At school? At home? At friends' homes?

Elsewhere?

How do you access the Internet? Whose computers do you use? Do you use web-enabled mobile phones?

How much time do you spend online? How often do you use the Internet?

With whom do you use the Internet? By yourself? With teachers? Friends? Adults?

For what do you use the Internet? What websites do you visit regularly? What websites have you visited recently? What are your favorite websites?

Do you communicate with people online? Who? Have you met new people online? Who? Have you been contacted by adults online? Who?

Do you have personal web pages? Where?

At what websites do you have accounts? What usernames do you use?

What email addresses do you children use? Do you have any others?

What instant messenger services do you use? What are your screen names? Do you have any others?

Do you ever put personal information online? Pictures? Where? How do you protect this information?

Have you come across inappropriate content online? When? What did you see? Where did you see it? How did you come across it? What did you do when you saw it?

Has anyone communicated with you online in an inappropriate manner? When? What happened? Where did it happen? What did you do?

Do you know how to be safe online? What would you do if they were contacted by a stranger online?

Remember: these questions should only be used as a means to start an ongoing dialogue with your teen about online safety. The goal is to make sure you fully understand how your teen is using the Internet so you can take appropriate measures. No matter what your child says, try not to overreact. Take some time and consider what your children have told you before taking serious action.